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# Menopause Clinical Education Aid

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Recommended Citation
UNT Health Science Center - Center for Professional and Continuing Education, "Menopause Clinical Education Aid" (2008). *Posters and Handouts.* Paper 2.
http://digitalcommons.hsc.unt.edu/pace_posters/2

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# menopause

mood swings

hot flashes

low sex drive

night sweats

problem sleeping

irregular periods

bone loss

sexual discomfort

weight gain

## We're here to listen and help. Let's talk about it... face to face.

menopause face II face

For more information about menopause and related clinical guidelines please visit the North American Menopause Society at www.menopause.org.

funded with commercial support from Wyeth

University of North Texas Health Science Center
Professional and Continuing Education

Data indicate that women feel reluctant to discuss HT and menopause with their providers. In fact, one study noted that almost half of women [in the study] left the physician's office with unanswered questions about HT and menopause, with almost two-thirds indicating that HT was not ever discussed in their appointment.[1]

This clinical education aid is designed to facilitate discussion of menopause and its symptoms with your patients.

The physicians who designed this aid (see below) recommend framing and displaying it in a prominent location in your waiting room, exam room or even in your patient restroom.

We hope you'll find it a useful addition to your office.

# LEAP Group

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[1] Clinkingbeard C, Minton BA, Davis J, McDermott K. Women's knowledge about menopause, hormone replacement therapy (HRT), and interactions with healthcare providers: an exploratory study. J Womens Health Gend Based Med. 1999 Oct;8(8):1097-102.